



Island Acupuncture

& Massage Therapy

Insurance Information & Checklist

Thank you for choosing Island Acupuncture for your healthcare needs. While acupuncture treatment and its benefits continue to become more integrated into the mainstream healthcare system, insurance companies in North Carolina are not yet required to cover its cost. Generally, our clinic does not file claims with personal health insurance plans, but we can provide you with copies of your invoices, which should contain all the information your insurance company needs. To help you speak with your insurance company in a way that might lead to coverage, we've provided the following checklist of questions that should be asked.

Checklist

1. Does my plan cover acupuncture?
2. Does my insurance cover these treatment codes:
97810 – proc: acupuncture
97811 – acupuncture additional
3. What is the annual acupuncture benefit (dollar amount or number of treatments)?
4. Does my plan require that an MD perform the acupuncture?
5. Does my plan cover acupuncture for the treatment of (*refer to your condition*)?
6. Does my plan require a referral from a Primary Care Physician (PCP)?
7. Does my plan require pre-authorization before treatment?
8. Does my plan require re-authorization after a specific number of treatments?
9. What is the phone number, FAX number or address that I should send reports, authorization requests and claims to?
10. Is there an applicable deductible amount that has yet to be met? What is that amount?

Name of representative spoken to: _____

We also wish to support our patients whose insurance providers have not yet awarded coverage and do not recognize acupuncture as part of a benefits plan. As it is a political issue, we recommend that you write your insurance company and the State Insurance Commissioner to ask why North Carolina insurance companies are not required to cover such beneficial health services. This may encourage new discussions on acupuncture coverage. You might also wish to write your state representative and request support for insurance coverage of acupuncture services by Licensed Acupuncturists. Please find the address below.

It is our sincere wish that you gain as much coverage as possible. If you have any questions or concerns, please contact us at 252-449-8122 or islandacupunctureobx@gmail.com.

*Jim Long, Commissioner of Insurance
North Carolina Department of Insurance
1201 Mail Service Center
Raleigh NC 27699-1201
NC: 919-807-6750
Outside NC: 800-546-5664*

*House representatives vary by county.
Yours can be found at:
<http://www.ncga.state.nc.us/House/House.html>*